THE HARBING

THE VOICE OF HARPER COLLEG

William Rainey Harper College • Palatine, Illinois

Volume 34 • Issue 2 • October 1, 2001

REFERENDUM IS PASSED FOR 95 MILLION DOLLAR DEVELOPMENT

Special to The Harbinger

At the September 25, 2001 board meeting, Harper College Trustees heard a presentation on the new center for which construction will begin in April 2002. Dr. Breuder, President of Harper College, introduced a group of presenters who gave details on the planning to date.

"As our economic times are more uncertain with the recent national events, education will continue to become more important. The planning by our community response team and the taxpayers foresight passing the referendum has positioned Harper College to be ready to serve

the education needs of the future," says Dr. Breuder

By the way of introduction to the Science, Emerging Technology, Healthcare Careers Center Steering Committee, Julie Hennig, Assistant Vice President, Academic Affairs, who is a member of this Steering Committee, continued, "This building was designed from the inside out. Hundreds of meetings with faculty and staff from Academic Affairs are reflected in the presentation you will hear tonight."

Michael Lundeen of Legat Architects, Bill Odell of Hellmuth. Obata & Kassabaus, and Rick Wise of Gilbane will update the board on the progress of the

Science, Emerging Technology, and Healthcare Careers building. Specifically, they spoke to the phases of the project and the completion of the Design Development

Harper College was authorized by public referendum in November of 2000 to build a Science, Emerging Technology and Healthcare Careers facility on the Harper campus. Programming, planning, design and construction of this complex structure is expected to take three and a half years. Early planning began in early 2000 utilizing focus groups, which led to the development of a Master Plan by Legat/Hok for the Harper campus, which was approved by

the Board in August 2000. Programming for the building was created by the faculty and staff, which drove the requirements to create the best learning environment for each type of laboratory, support, and classroom space.

Schematic Design was completed in April 2001, with a presentation of the Board of Trustees by the Legat/Hok team. Schematic design created the organization of the building floor plans and the idea of designing the three buildings adjacent to each other in order to take advantage of the economy of scale of a single complex.

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ECHOES OF EARTH AND SKY

Nancy Huggins Staff Writer

"Qua Qua." This means hello in the Native American Indian language, Diné, The American Indian culture is one that has been highly explored and respected throughout American history.

On Tuesday, Sept. 18 at 12:30 p.m., American Indian dance troupe "Echoes of Earth and Sky" took center stage outside in the Quad to share a bit of their American Indian culture with Harper College.

Echoes of Earth and Sky is composed of Rob Greyhill and Jennifer Meness, both of Native American descent. Between dance performances, Greyhill and Meness kept the audience entertained with ancient American Indian folklore and tributes to their home town tribes.

Greyhill stunned audiences with his famous "hoop dance", using 21 hoops as a visual tool to show the images of things such as fire, tornadoes, flowers, butterflies and birds, while Meness displayed her grace and theatrical abilities through interpretive dance and storytelling.

The duo travel around the world, bringing with them their gift of Native



Jennifer (who is Algonquin) and Rob (who is Diné) perform the Partridge Dance during their performance on Sept. 18th - fourth in the Quad series sponsored by Harper College Program Board.

American song and dance for many to enjoy and learn from.

Greyhill, born and raised on the Navajo reservation in Round Rock, Arkansas, has an extensive background in performance. He has had his voice featured on several CDs such as "Voices," "Pray," and the soundtrack to Kevin Costner's CBS television series "500 Nations."

Meness, of the Pikwakanagan (Golden Lake) reserve in Ontario, Canada, is a classically trained dancer who began

her career while completing a Bachelor of Arts degree at Northern Illinois University. Meness performed with the Northern Dance Theatre, and founded N.A.T.I.O.N.S., the first Native American student organization at N.I.U.

The group finished their performance with the Native American National Anthem, leaving audiences breathless.

Pepsi One was also at the event .The Pepsi One crew held a raffle, and handed out free cans of Pepsi One, as well as Pepsi One t-shirts.

The recipient of the Pepsi One raffle just happened to be a Harper College employee. Doug Peterson, Technical director of building J, became the proud new owner of a blow up Pepsi One lounge

Harper's Student Senate, along with other clubs and orginizations, were also present. All pooled together on behalf of American Red Cross, staffing a table to collect donations. Proceeds from the victims and survivors of the terrorist attacks that occurred in New York, Washington, and Pennsylvania just one week earlier.

For more information about "Echoes of Earth and Sky" visit their website at www.fancydance.com, or see them again on March 5, 2002, at the Palatine Park



REGULAR COLUMNS

PRESIDENT'S PLACE ROLLINS' RAMBLINGS WELLNESS ADVISOR EDITORIAL

SPECIAL THIS ISSUE

CONSTRUCTION UPDATE PARKING THEATER SMOKING

HAWKS! SPORTS NEWS

FOOTBALL GAME SOCCER PROFILE CALENDAR OF GAMES

PEOPLE AND PLACES

MARY JO RETIRING NICKEL CREEK CONCERT **EXCEL LEADERSHIP** MOVIES: TOP 10 & HARPER

PRESIDENT'S

PLACE

Dr. Robert Breuder College President

THE CURRENT CRISIS' EFFECT ON EDUCATION

After the events of Sept. 11, 2001, our country's concept of normality has been challenged to the fullest, and we are all still reeling from the impact of the terrorists' plane bombs. Now, our nation needs to re-build our confidence and strengthen our resolve for whatever lies ahead, and I see education as a primary factor in that endeavor.

When fall classes began not long ago, faculty, staff and students began another academic year at Harper College. In remarks I made to the employees at an orientation meeting, I talked about what the employees had accomplished at Harper during the past year. I also discussed the goals and priorities of the coming year and our vision for the future. All of our plans, goals and dreams still stand strong, but the effect the crisis has had on education is profound.

While there was a temporary disruption in classrooms across the country, more than 25,000 college students at Pace University, the Borough of Manhattan Community College, and other campuses in Lower Manhattan do not know when they will be able to return to classes.

A lot of media attention has been focused on the immediate impact the crisis had on financial institutions, retail establishments and so forth, but little attention has been placed on students' education being entirely disrupted because their college classrooms and dormitories have been heavily damaged by the collapse of the buildings, or are in areas cordoned off by the city.

Colleges have been helping one another in the immediate educational dis-



order by such instances as one university's administrators finding six trailers that can be used as classrooms. Delighted, Antonio Perez, the president of the Borough of Manhattan Community College, said: "We lost 40 classrooms. Now we have 12 back."

Although New York University is farther north of the devastation, its residence halls were placed off limits by the city, and 3,100 students were put up in the university's Coles Sports and Recreation Center with blankets, pillows and toiletries provided by N.Y.U. Later, the University announced it would provide temporary housing for students in two midtown hotels and will open two new computer centers to help students whose computers are locked up in their dorm rooms.

Harper students have responded to the crisis by donating blood, hosting fundraisers for the American Red Cross and attending memorial services for those lost and injured. But I would ask one more thing of our students, and all students everywhere: study and study hard. You can contribute more than you can imagine by dedicating yourselves to making this country more prepared, more proficient, more aware, and more enlightened by studying hard and applying what you learn.

Appreciate the fact that we, as a nation, have the best educational opportunities available for the learning, and the wisdom that will be necessary to carry us forward.



ROLLINS' RAMBLINGS

Paul Rollins Columnist

"Londo is gone!" Simple words. It was hard for me to grasp their meaning though — at least then. It was about 5:20 p.m. on a lovely early fall Tuesday. But son Mark's voice — flat and devoid of emotion — brought me sharply back to reality from my autumnal day dreaming.

It was strange for son Mark to be making the call because son John was actually closer to "Londo." At that moment, however, John was with "Londo's" wife attempting to console a newly minted widow. John could have used some consoling himself at that time. So it was left to Mark to function as the designated bearer of ill tidings.

"Londo is gone." "Londo" actually did have a name. It was Michael London and he was born in Northbrook, Illinois. He had a brother and sister, and he started grade school with two of my sons. He became a household name with our family early on. He was the class cut-up and my wife, when she was acting as lunch mother, always had the most fun trying to keep "Londo" under control.

"Londo is gone." The group moved on to high school. "Londo" and our boys shared the same car pool. When one of our boys got his own car, a Dodge Dart, "Londo" became the first one to be invited to join the new pool. He was elated; it made him one of the family.

"Londo is gone." The group played football at Loyola Academy in Wilmette. For three years, the parents watched at various stadia throughout Chicagoland: Gately, Hanson and Sachs fields. There were highlights, such as the Catholic League Championship in the snow at Soldiers Field and a Summer All-Star Game, also at Soldiers Field, just before they went off to college.

"Londo is gone." Our boys went east to school. "Londo" went to the University of Dayton. But the three of them always managed to get together during the holidays and did two spring breaks together. Then came the time to take up internships in summer before going into the real world. All three spent intern time in Wall Street.

"Londo is gone." One of the most obvious signs of entering the real world is getting married. Each was in the others' wedding party. Each gave toasts, got a little drunk together. The new couples became good friends, though more sedately than the bachelors had been.

"Londo is gone." They started households, bought summer places – one on Long Island, the other on Martha's Vineyard. They shared times together as families at both locations. Most recently Michael and Michelle, his wife, and their new son, Matthew, were at John's summer place the week following Labor Day.

"Londo is gone." High up on the 103rd floor of the North World Trade Tower, "Londo" had a spectacular office with Cantor Fitzgerald, a magnet for the best and brightest young Turks of the world bond market. When you looked out his office window, you literally thought you could see the world. When the first plane hit the North Tower, it stoked a chimney of flame that incinerated everything above it. In the New York Times of Sunday, September 16, there is a story relating that of the 700-plus Cantor Fitzgerald employees known to have been on the premises that day, only two are accounted for and they were in the location below the impact of crash.

"Londo is gone." In our hearts and minds, he is not.



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GENERAL INFORMATION The Harbinger is the Harner Coll

The Harbinger is the Harper College student publication published bi-weekly throughout the school year, except during holidays and final exams. It is distributed free to all students, faculty and administration. The Harbinger's sole purpose is to provide the Harper community with information pertaining to the campus and surrounding communities.

LETTERS POLICY

The Harbinger welcomes letters to the editor and replies to our editorials. Letters must be signed and include a phone number for verification. Signatures will be withheld upon request. All letters and content are subject to editing.

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AN ICON SOON TO GO

MARY JO WILLIS TO RETIRE

Charles A. Cann Staff Writer

Stage, scripts, audience, costumes, make up, props – all these theatrical words in Harper College can be linked to one dramatic icon: Prof. Mary Jo Willis, Director of Theater.

Willis is named for her grandmother (Mary) and her mother (Josephine). A native of Peoria, her life on the stage dates back to her childhood. Whenever she got into trouble or made a mess, she would play her character very well. Her father would say, "Stop being dramatic."

Willis recalls seeing her first play at age 8. Plays were a part of her high school years. She knew what she wanted to be, leading her to major in Theatrics in college. Focusing on theatrics but specializing in directing, Willis got her MA degree from Ball State University, and did her postgraduate work at Roosevelt University and University of Illinois. Prior to entering Harper in 1975, Willis had taught high school for four years.

Plays at Harper started in the TV studios (F building) when Willis came into the school, and then moved after five years to J143, when that theater was built. Then, in 1996, it moved to the small black box theater in the liberal arts building. Soon it will move to its new place, which is now under construction.

In her stay at Harper, Willis has seen that courses (acting, costume design, make up) were added to make theater into a department to suit the increasing number of students. Her work as a teacher in acting, directing and make up, she says, is her passion.

Willis' exit from Harper becomes increasingly aparent as the days age on. Her reasons for retiring early, at the end of the year, can be linked to a good financial package offered by the Harper Board of Trustees. This offer, which expires by the close of 2001, will allow her to engage in other commitments without worrying about money. Willis says, "You can't beat it."

Although she is retiring, her days at Harper will not end entirely. Willis will continue as a part time faulty member.

Sharing some sad thoughts on leaving, she says there is no other job you can

do in which you are intellectually stimulated daily, and can touch and share in a person's life.

"My passion is theater," said Willis. She believes, "a teacher touches eternally" because when you mentor a student's life and he or she comes back to tell you the difference you made in their lives, you become very happy.

One such individual is Laura Pulio Colbert, Willis' former student. Pulio-Colbert will take over as Director of Theater when Willis officially retires. Willis is full of joy to see her own former student follow in her steps.

Willis says that if you are interested in theater, audition for every play you possibly can; if you do not get cast, volunteer to work on set or backstage. Willis' advice to students is to study hard and get involved in activities – make your college career count.

Willis believes if you are not insulted eight to nine times throughout your education process, something is wrong with it.



PHOTO COURTESY OF MARY JO WILLIS

PERFORMING ARTS CENTER
INSIDE VIEW

Charles Cann Staff Writer

"To the right, right...hold it right there." This is the kind of language that can be heard at the site where the new performing arts building is taking shape.

Skilled men can be seen everyday, maneuvering crane-like equipment, heavy metal beams and bricks. These men are working hard to make this building a reality.

Mary Jo Willis, Director of Theatre at Harper, traces the idea for the new building back 10 years. It took extensive planning. "The building will not be there without me and without Michael Brown," Willis said. The two of them collaborated on the project, and knew it would pay off some day.

Construction on the building is funded partly by the State of Illinois, and partly by Harper College.

A fundraiser is currently in place to raise 1.5 million dollars to equip the building with things such as special lighting and sound boards.

Funds are being raised through the sale of theatre seats in the building.

Anyone who purchases a seat to help support the theatre will have their name printed on the seat. Seat pricing varies, dependig upon the type of seat that is purchased.

"I bought my seat, \$1,000 with my name on it," said Willis.

Upon completion, this theater will seat approximately 450 people.

The building is designed to house a proscenium (traditional) theatre, but will have the option of becoming a thrust theatre. In a thrust theatre, the stage can be extended out of the orchestra pit into the audience, into what is know as "peninsulastyle." Some seats will be turned sideways and the audience will be able to see from both sides of the stage, in addition to the normal frontal view. This "3D" convention helps in plays with fewer characters, as it allows the audience to feel more intimately involved.

The new theatre building will pull out all the stops. The orchestra pit will raise and lower, a large backstage area will boast make up, costume, dressing rooms, a shop area for building scenery, storage space, and a costume construction area. A spacious lobby, box office and a green room where actors will wait before stepping on stage will also be added.

The new theatre will have "everything a real theatre should have," said Willis, "which is something we've never had in this place in our whole lives."

The theatre, which originally started as a mere club at Harper College, will move to its new, well deserved home upon the completion of the building in the fall of 2002. The building will open in the spring of 2003, and it's grand opening will host a musical, directed by Willis.

FUN FACT: Harper's Theater Department puts on three plays each year, one in fall (Steel Magnolias opens Nov. 8th) and two in spring.

Want to act? Help in the background? Call x6448

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SO MANY CARS, SO LITTLE SPACE

by David Southard
Staff Writer

Construction has been underway for some time now to the west and south ends of the Student Administrations Center and it is affecting the parking and pathways of the general Harper community.

The former parking lot areas in front of the Student Administration Center (building A) and the Performing Arts Center (building P) have been pushed back for new additions, asphalt construction, and storage.

"When finished," says Bob Getz, director of Harper's Physical Plant, "it is expected to be open for use."

Where the fence has been put up and extended, to the west of buildings A and P, there once was parking for students who frequently use those buildings. Now students, staff, and faculty have to park elsewhere and are re-routed through the pathways to thoses buildings.

Billy Joyce, a student who often attends classes in building P, finds this walkway system a hassle and says that, "getting from my car to the building is a real bummer now that the lot is gone and the fences are up."

The circle directly in front of building A has been pushed forward due to construction. The area taken up by the construction team is being used as storage for materials needed through the winter season. The bus stop has been moved up and faculty parking has breached into the area for student parking, which in turn causes more problems for students.

"As far as faculty and staff parking being moved," says Getz, "there was nothing intentional in this and we are trying to make the construction as easy as possible for everyone."

There is no timetable or set date for completion as of now. Campus officials are discussing future work on buildings and where to get more storage space.

ComEd will be coming in the near future and using the walkways for future work and storage. It is not certain, as of yet, whether the lots will be affected, but walkways will be. This may further change where students, faculty, and staff park, and there might be some re-routing in walking paths again.

"We are trying to make this the least restrictive possible and any inconvenience will be worth the results Harper receives," says Getz. It is recommended to check Harper's website, www.harpercollege.com, for information on present or future construction.





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PHOTO BY KIEL CROSS

One of the regular paths to campus, closed due to construction

CONSTRUCTION UPDATE

by Steve McHugh Sports Editor

Harper College is not only one of the best community colleges in the United States academically, but also contains some of the nicest facilities in the country. Many students do not realize what luxuries this campus has to offer. For those who haven't noticed, lots of projects are progressing around campus besides the parking lots.

The Instructional Conference Center and the Performing Arts Center are both being rebuilt. Money for the reconstruction is coming from the State of Illinois. The State is supplying 6.8 million dollars for both centers. The Harper College Education Foundation is attempting to raise at least 1.6 million dollars for the project. The foundation is located in the Student and Administration Center, Room A323 (phone extension 6490). For any other information on the Education Foundation, you can email them at edfound@harper.cc.il.us.

State of the art construction is being done to both centers. At the Conference Center, there will be fifty thousand square feet of space within three floors. There will be a two-story lobby and reception area, six seminar classrooms, and two spacious rooms that can be divided into separate areas. Also, a full service dining area along with teleconferencing and satellite down link capabilities will accommodate the center.

At the Performing Arts Center, many elegant changes are being made. There will be a brand new theater that will offer four hundred and fifty seats to the students and the community. A thrust stage platform will be offered with brand new

acoustical designs. The orchestra shell, wardrobe room, makeup room, and dressing rooms will also be remodeled. A large and comfortable lobby will be constructed along with a new coat-room and reception facility. There will also be more staff offices and storage areas.

At the Sports and Wellness Center, some changes are also being put into effect. The gymnasium, which is the size of four basketball courts, now has a brand new floor. Jon Deonker headed the project, which lasted several weeks.

"Everything seems to be moving on schedule," said Ron Greenburg, Director at the Wellness Center, "Jon has done a great job with the gymnasium." Also, the track is to be resurfaced by the middle of November along with new tennis courts. The tennis courts will be completed by the middle of November. There are no other projects in effect yet. "We are waiting until the projects culminate to see where we are on budget," said Greenburg. For any information on the construction at the Wellness Center, please contact Jon Deonker at 925-6913.



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UP IN SMOKE

Nellie Huggins News Editor

Harper student Beth Kartel has an addiction, and she is not alone.

An estimated 47 million Americans are current smokers, and cigarette smoking among young adults has increased 7% in the past 8 years.

Smoking, to say the least, has become an epidemic.

Many long time smokers don't have the energy or will power it would require to kick their habit. What they don't realize, though, is how easy it really is when the facts are clear.

"I never cared to stop," said Kartel,
"It takes a lot of will power to quit, and I
don't have it."

The effects that smoking has on a person's health are life long and irreversible.

According to Stacy Ignoffo, of the American Cancer Society, "553,400 men and women died of smoking related diseases in 2000."

Many young adults begin smoking experimentally, and by the time experamentation has ended, addiction has set in.

"I began smoking a year and a half ago, because I was curious...now I'm addicted," Kartel said.

Peer pressure and convenience also factor into the smoking epidemic.

"It's nasty," Kartel said, "But I'm addicted, so I don't quit. It's hard to quit when everyone around you smokes."

Smoking is not only a detriment to those who partake, but is also a health hazard for those around them.

Kartel is one of the many smokers at Harper College who smoke "while walking the campus." This effects everyone on campus, even the children.

According to Ignoffo, each year

"Nearly 3,000 nonsmokers die from lung cancer as a result of breathing secondhand smoke.

"I feel bad about secondhand smoke," said Kartel, "But if I'm in a big group of people and someone doesn't smoke, I step out of the circle, or I don't smoke at all."

According to Ignoffo, it's not that simple.

"Secondhand smoke, or environmental tobacco smoke, contains numerous human carcinogens for which there is no safe level of exposure."

It is not enough to merely stay within a reasonable distance from those who don't smoke. Every person who walks through the Harper Collge campus, or any other public facility where smoking is permitted, is exposed at some level to secondhand smoke.

According to Ignoffo, "Secondhand smoke contains over 4,000 substances, more than 40 of which are suspected to cause cancer in humans and animals and many of which are strong irritants."

Everyone is at risk when it comes to the dangers of smoking, but there is help available.

Even Kartel sees the risk.

"Now that I understand more clearly what the health risks are, and the long term damage that smoking causes to everyone, it's like a reality check. I'm not invincible, and I would like to quit."

Help is not hard to find. The Cook County Department of Health offers counseling sessions, as well as workshops for smokers who are in need of support.

For more information on how to quit, contact the Department of Health at 708.492.2147, or contact the American Cancer Society at 847.358.3965.



Nick Jakimov and Billy Joyce step outside for a cigarette break

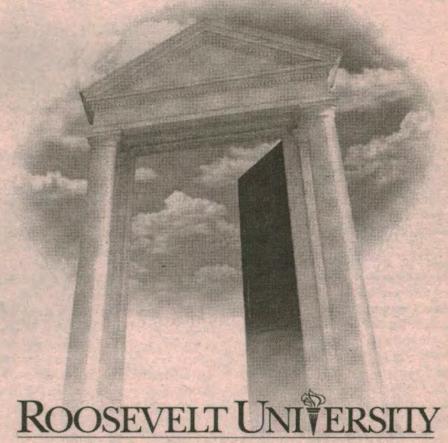
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LETTER FROM THE EDITOR

Nellie Huggins Acting Editor In Chief

The past few weeks have been very emotionally trying for our nation, as well as our school. Our best wishes go out to everyone who was effected by the tragedy of September 11, 2001.

The current events that are taking place in our nation have caused many of us to rethink our ambivalence, and to become more involved in our nation.

If you are one of the many who wants to become more involved, but can't help in any of the traditional ways, keep Harper College in mind.

The many activates that we support here at Harper are-a wonderful starting ground to create the unity we are in need of as a nation. Everyone can make a difference, no matter how trivial it may seem.

Try the newly founded Young Republicans/Young Democrats group here at Harper. If you can't make a difference financially, you can always make one politically.

If politics don't interest you, try the environmental club. Every little bit counts, and by taking care of our environment, we are creating a bond with fellow students, as well as preserving our beautiful land.

You may also want to learn about other cultures, to help you understand the gap that we, as Americans, are working on closing.

As our new semester unwinds, and things begin to settle down, we must keep in mind the goal at hand; to move forward with our lives, but not forget the tragedy that has struck our nation.

If you would like more information on how you can become involved in your community, as well as your school, contact student activities at 925-6242.

Here at the Harbinger, we will do our best to continue to bring you the news most relevant to your life, but we must all help out by coming together as a community, not just a college.



OK, EVERYONE! THIS IS YOUR SPACE.

WE NEED YOUR LETTERS TO FILL IN SPACES LIKE THIS IN OUR CAMPUS NEWSPAPER.

PLEASE HELP OUT BY PROVIDING
YOUR FEEDBACK TO
THE HARBINGER.

THANKS!

REFERENDUM

continued from page 1

The building shares a single main concourse, which connects the new buildings to the existing campus, as well as, mechanical systems and a single loading dock. The design meetings with the Legat/Hok team, who specialized in lab and technology based instruction for higher education, tested the program developed by the faculty and staff against the latest designs of college facilities across the nation. All aspects of the program requirements have been met by the design of the Science, Emerging Technology, and Healthcare Careers building.

An approval by the Board of Trustees on September 25 allows Legat/Hok to begin the construction in April 2002, and the facility should be completed for move in of equipment and furniture by May 2004.

The total gross square footage of the building is 281,661. This additional infrastructure square footage space added now, will allow the college to maintain mechanical units, chilled water piping, steam lines, power and data infrastructure more cost effectively in the future in order to keep long term operation costs to a minimum.

The projected cost to build and equip the Science, Emerging Technology, and Healthcare Careers building is 95 million dollars. The cost estimate prepared by Gilbane is currently within the total budget and within the timeline. The projected total cost allows for inflation and unanticipated challenges, which may present themselves in the future.

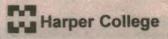
"This project will change the education landscape at Harper College. It will allow us to better serve students with a state-of-the-art facility. It is a great return on investment for the taxpayers of our region as the sciences, healthcare and emerging technology continue to be careers of the future, whatever the economic circumstances. Enhanced learning opportunities will result as this facility will match the high quality of our students and faculty," stated Dr. Breuder.

HOT NEWS TIP? Contact The Harbinger If you think you have what it takes to be a real newspaper person, join Harper College's awardwinning Harbinger in the fall of 2001.

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WEBSITE: WWW.HARPERCOLLEGE.COM

ASK YOUR WELLNESS ADVISOR

Recently there's been a lot of publicity on asthma. My doctor recently told me I have mild asthma and I'd like to know more about it.

Asthma is an inflammation of the bronchial airways. The inflammation causes increased mucus production and muscle contraction. This leads to airway obstruction, coughing, wheezing and chest tightness. Sometimes more serious symptoms can occur such as shortness of breath and low oxygen levels. Asthma is a lung disease that can be life threatening, but it is also treatable and can be managed with professional health care.

What usually starts an asthma attack to occur are asthma triggers. Typical triggers are mold, dust, feathers, certain foods and exercise. Cigarette smoke is a very big asthma trigger and should be avoided. If exercise is an asthma trigger, one can still exercise or play sports, but medicine many need to be taken prior to the even to pre-

vent an asthma attack.

Asthma can't be cured, but it can be controlled. People who have asthma can learn how to prevent many attacks, recognize warning signs of an attack coming and learn to seek treatment early, when treatment is most effective. A good source of information about asthma is your health care provider. Health and Psychological Services, located in A362, has many pamphlets and written information on asthma. Nurses and a family nurse practitioner are available to answer questions regarding asthma and other health issues.

Knowledge and understanding are keys in the fight against asthma!

By Pam McVoy

Pam McVoy works at Harper's Health and Psychological Services, A362 in Student and Administration Center. This service is available Mondays through Wednesday,s 8 a.m. until 8 p.m., Thursdays 8 a.m. until 6 p.m., and Fridays 8 a.m. until 4:30 p.m.

Kitchen Korner

Everyday Cooks Reveal Their Time-Saving Secrets

(NAPS)—When more than 4,000 people from New Jersey to California submitted some of their favorite ways to save time in the kitchen, the result was a variety of time-savers that cooks everywhere can share. Here are six of the 10 Grand Prizewinning tips from the Stouffer's Oven Sensations "Sensational Time-Saving Tips" contest.

• Pancake Squares?—Instead

Pancake Squares?—Instead
of standing at the griddle, cooking
pancake after pancake, spread the
batter onto a greased jellyroll pan
and bake for 15 minutes. Cut the
pancakes into 4-inch squares and
serve

• No Hassle Garlic—Garlic skins slip right off after microwaving the cloves for 12 seconds.

 Slice and Dice—Use your butter-pat slicer instead of a knife to cut mushrooms quickly, safely and easily.

• Doth Your Pot Run Over?—If you spray oil around the top of a pot before adding the water, it will be less likely to boil

 A Meaty Muffin—Meatloaf baked in muffin tins saves time and looks as cute as can be.



KITCHEN SECRETS—The secrets of speedy cooks are finally revealed. With them, you can save time in the kitchen and spice up your meals in no time.

 Holy Hamburgers—Hamburger patties cook much quicker if you make a hole in the center of the patty. As the hamburger cooks, the hole disappears.

Visit www.OvenSensations.com to view a complete list of the Grand Prizewinning tips and the 40 runners-up tips, as well as information about Stouffer's Oven Sensations.

EDITORIAL WILL IT EVER END?

Nellie Huggins News Editor

Are you sick of all of the construction around the Harper College campus?

Between the mile hike to the Student Center, the pushed back parking in front of building L, and the consistent traffic flow that consumes Harper every day, it will be a breath of fresh air when construction finally wraps. That is, of course, assuming that the construction is going to wrap.

At the September 25 Board meeting, the Harper College Trustees enthusiastically revealed the updated plans for the \$95 million addition of the new Science, Emerging Technology and Healthcare Careers buildings, for which construction will begin in April of 2002.

Three constant years of construction will indeed be a hassle for Harper students, staff and faculty, but sometimes, the end result is more important.

As education becomes more important, changes and updates must be made. The new buildings were

designed 'from the inside out' to suit the needs of the students, and to keep up with the ever changing technology that is sweeping our job market.

The new and improved campus will include amenities such as a Starbucks coffee shop, and a larger, improved student center.

While there is a theoretical two year turn around for Harper students, the next three classes of incoming freshman will be left to battle the ongoing construction that will infiltrate their education.

For those of us leaving soon, the construction won't be that much of an issue. For anyone over the age of 15, the construction will prove to be nothing short of an inconvenience.

Opinions expressed are those of Harbinger Editorial staff and are not representative of William Rainey Harper College Administration.

All responses can be addressed to Letter to the Editor, Room A367, 1200 W. Algonquin Rd., Palatine, IL 60067. Please include your name and telephone number for verification. That information will be withheld upon request.

CLASSIFIED ADS

For classified advertising rates, contact the business manager at *The Harbinger*: (847) 925-6000 ext. 2461

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HELP WANTED

Mostly outside work staking out buildings and measuring lot boundaries. Flexible hours, part-time. Good Pay. (847) 382-9572 or FAX to (847) 359-8606

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PERSONAL ADS

To place a personal ad, contact The Harbinger at 925-6460

The Harbinger reserves the right to edit text.

I am looking to adopt a bird. If you have an unwanted bird that you can no longer care for, please reply #0001.

Craig – Miss seeing you. Let's get together for a beer and a chat. Reply #0002.

Looking for any underground, rare, or live Everclear CDs. Reply #0003.

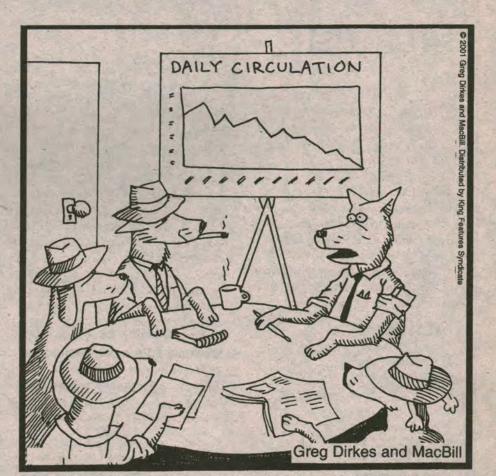
Enjoy sitting, watching a computer monitor? *The Harbinger* seeks scan assistance. Call x6460.

Kay, saw you in theater. You make a great Juliet. Call me, Your Romeo. #0004.

Wanted: Yin for my Yang. Reply #0005.

Need to join a car pool? Coming from Canada, round trip daily, for Botany. Reply #0006.

Crossword afficianado: answers to Harper's crossword last edition; one down and three across. Reply #0007.



"Well sir, to be honest, our research has shown that our target audience is afraid of newspapers."

ARTS & ENTERTAINMENT

FRESH SOUNDS CONCERT: NICKEL CREEK

Special to The Harbinger

The acoustic bluegrass band, Nickel Creek, will team up with Glen Phillips, former lead singer and songwriter for the band Toad the Wet Sprocket. The two will perform in concert on Saturday, October 13 at 7:30 p.m. in the Theatre, Room J143, Business and Social Science Center of Harper College, Roselle and Algonquin Roads, Palatine.

Often called "the three prodigies," Nickel Creek has been playing together for over ten years. The group includes 19-yearold fiddler and lead vocalist Sara Watkins, 20-year-old mandolinist Chris Thile and 24-year-old guitarist Sean Watkins (Sara and Sean are brother and sister; Thile is their childhood friend).

The New York Times has described Nickel Creek's musical style as "hardcharging bluegrass with sweetly sung acoustic pop ... they write carefully structured instrumental pieces that owe as much to classical music as to country.

"Onstage, they ignite this volatile mixture with a high-energy performance style reminiscent of rock 'n roll."



In 2000, the song "Reasons Why" from their album "Nickel Creek" went to number one on the American charts and stayed there for six weeks.

In October that same year, the International Bluegrass Music Association named Nickel Creek "Emerging Artist of the Year." In 2001 the band received two

Grammy nominations for Best Country Instrumental Performance, and Best Bluegrass Album.

Their videos are shown on Country Music Television, and they recently performed on the television series "Austin City Limits." Last May, Nickel Creek was included in a group of five musical innovators featured in a TIME magazine cover

Glen Phillips will share his musical talents onstage with the Nickel Creek trio. Since the dissolve of Toad the Wet Sprocket, Phillips has been working independently, and has recently released "Abulum," his first solo album.

Tickets became available when Harper's Box Office opened for fall, Monday, August 27 at 10 a.m. Website hits precipitated heavy sales, and over 100 tickets sold during the first 24 hours in which the Box Office took calls.

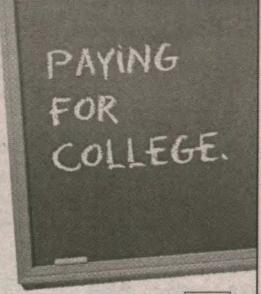
Price per ticket is \$15 for general admission, and \$10 for Harper students with a current Harper activity card. If there are any tickets available the day of the show, tickets will cost \$15.

The high demand for tickets has the college expecting this concert to sell out quickly. It is highly recommended that interested parties reserve seats immediately to avoid disappointment.

For tickets or more information, call the Harper College Box Office at 847.925.6100.



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DUFF BRENNA: "TOO COOL"

Special to The Harbinger

On Tuesday, Oct. 9 at 7:30 p.m. in Theatre J143, of the Business and Social Science Center at Harper College, awardwinning author Duff Brenna, will talk about his writing and life story. His turmoil that began as a teenage troublemaker is being made into a movie with the same title as the book: Too Cool.

Brenna, now a professor who teaches English literature and creative writing at California State University in San Marcos, got into trouble when he was sixteen, stealing a car, driving to Colorado with friends, and robbing gas stations along the way until he became stuck in a snowdrift.

The escapades, which end up with Brenna being shackled, put in solitary confinement, and through a decision by a compassionate judge, sent back to Minnesota to work on relatives' dairy farm are all chronicled in Brenna's book Too Cool, a New York Times Notable Book.

"Aesthetically you might say Too Cool is an experiment in sustainable narrative drive, adapting itself to the pace of a sixteen-year-old hyperactive juvenile delin-

quent," says Brenna. "I tried to reflect, in the style itself, the pace of his mind, his pulse, his unconquered heart and the way he lives his life overall."

In addition, Brenna will also introduce his newest novel The Altar of the Body at this Harper lecture. He is also the author of The Book of Mamie, which won the Associated Writing Programs Award for Best Novel in 1988, and The Holy Book of the Reard

A Minnesota native who now lives in

California, Brenna will also visit the creative writing classes of Harper College's Associate Professor Greg Herriges to meet



Tickets for Brenna's lecture are \$7 for general admission with discounts for Harper and other students with current ID. For tickets and information, call 847.925.6100 or check the Harper College web site at www.harpercollege.com.



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ARTS & ENTERTAINMENT

MOVIE REVIEW: THE CLOSET

Lynn Mutch Staff Writer

The Closet is a French movie with English subtitles that was written and directed by Francis Veber.

The story line runs that a very dull divorcé discovers that he is going to be sacked. His new neighbor persuades him to pretend to be gay and come out of the closet because it's the only way to save his job. This he does, albeit unwillingly, and further mishaps and capers ensue. This is the funniest, most touching movie I have seen all year. I found myself laughing out loud with everyone else in the theatre.

Daniel Auteuil plays the main character with an eminently likeable hangdog expression and guileless innocence that's hard to find irritating. His ex-wife and son argue over who is going to be the lucky one not to answer his phone calls, he has no friends and is overlooked by everyone. Yet Auteuil does a fabulous job of winning the viewer over. Not once did I feel impatience or annoyance with the character. It's the innocence of Auteuil's character that allows the movie to pull off its premise. He wants what most of us aspire to: love, a

family and a simple life. Instead he finds himself in a series of ridiculous situations that only dig him deeper into trouble.

Minor players amply back up Auteuil, especially Gerard Depardieu, who plays the villain. He is a rugby playing machismodripping bigot who delights in making our protagonists life a misery. If you have never seen Depardiu do comedy, this will open your eyes. His timing is impeccable, his characterization adept. You know you should hate this guy but you just can't seem to do it. He is just as sad and lost as Auteuil, only in a different way. In the end it's empathy with both of these characters that make this such an interesting movie.

This movie his is essentially about repressed sexuality and societies preconceptions and prejudices against gay people. Within hours of his outing, office gossip changes from thinking this guy is the dullest person in the world to propagating stories that he is a pedophile and a sexual predator. It takes to extremes the ideas many people have about sexuality and holds them up to utter ridicule. I'd recommend everyone go and see this movie.



TOP TEN MOVIES

- 1. The Musketeer (PG-13) Tim Roth, Mena Suvari
- 2. Two Can Play That Game (PG-13) Vivica A. Fox, Morris Chestnut
- 3. Rock Star (R) Mark Wahlberg, Jennifer Anniston
- 4. Jeepers Creepers (R) Gina Philips, Justin Long
- 5. The Others (PG-13) Nicole Kidman
- 6. Rush Hour 2 (PG-13) Jackie Chan, Chris Tucker
- 7. American Pie 2 (R) Jason Biggs, Shannon Elizabeth
- 8. Rat Race (PG-13) Cuba Gooding Jr., John Cleese
- 9. The Princess Diaries (G) Julie Andrews, Anne Hathaway
- 10. O (R) Mekhi Phifer, Josh Hartnett
- (c) 2001 King Features Synd., Inc.

HARPER ART EXHIBITS FALL 2001

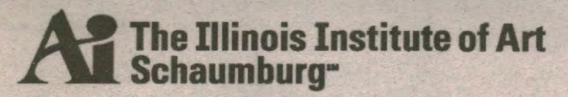
Ending October 4

Harper Art Faculty is an annual exhibit, presenting recent works by Art Department faculty. A range of aesthetic directions and media is on display.

Oct. 12 through November 8
Sallie Wolf's Moon Project is an ongoing project of observing the moon and trying

to organize her observations into symbols and charts that might reveal something about the patterns of the moon and its movements.

Art Exhibition Space, Room C200 New Student Services and Art Center Contact Number: (847) 925-6568



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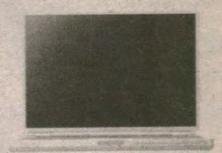
iMac Starting at \$849.



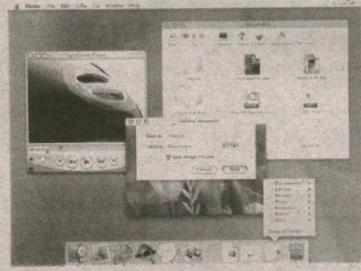
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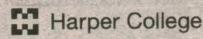
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Contact The Harper College Bookstore and speak with the friendly sales staff.

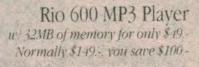


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SOAP SUMMARIES

NOTE TO OUR READERS: The following summaries are revisions of episodes that were preempted by news coverage of the terrorist attacks on World Trade Center and the Pentagon. Please be aware that some of the summaries cited below may be "out of sync" since revision updates were continually being made as we went to press. Thank you for your patience.

ALL MY CHILDREN

A call prompted Mateo to check Rosa's purse. Meanwhile, Mateo grew increasingly suspicious of Chris and his motives. Later, Chris studied the photo of Ryan's parents. Laura ripped up Greenlee's Enchantment poster. Wait to See: Chris makes a big mistake with Erica.

AS THE WORLD TURNS

Jennifer and Billy realized they were about to be overwhelmed by their passion for each other. Paul made Barbara face the distressing fact about the strange disappearance of her creative instincts. Molly made arrangements to give Jake the surprise of his life. Lily and Holden accomplished their mission. Wait to See: Jennifer betrays Bryant, again.

THE BOLD AND THE BEAUTIFUL Alerted by Clarke that Tony and Kristen

Alerted by Clarke that Tony and Kristen left together, Eric rushed to Kristen's home to try to persuade her to break up with him (Tony). But he was too late: The couple had already given in to their passion.

Deacon returned home after Amber refused to talk to him about her pregnancy, and threw out Bridget's birth control pills. He later made love to Bridget while thinking about Amber. Brooke realized the number Ridge found on Massimo's business card was the same one she saw on her father's notepad. Wait to See: Stephanie makes an important decision.

DAYS OF OUR LIVES

On the Island: Chloe and Mimi secretly followed Brady as he searched for Belle, Philip and Shawn. Meanwhile, Nicole held her father (Paul) at gunpoint and demanded that he tell her what he did to Jan and the other teens. Paul was shot during a struggle for the gun, but managed to get away, and later collapsed on the street. Jan learned she had contracted gonorrhea from Paul when he raped her. Shawn and Philip tried to rescue Belle, who was caught in the flooded cavern, but someone else joined in the "rescue" attempt. In Salem: Jennifer turned down Jack's proposal. Rolf prepared to turn Hope into Gina. Wait to See: Shawn faces a shocking demand.

GENERAL HOSPITAL

Carly yowed not to lose Sonny to Angel. Nikolas urged Laura to believe that Stefan

FOR WEEK OF SEPT. 24-28

did not kill Chloe. Lucky punched Stavros when he saw him trying to seduce Gia. Later, Stavros attempted to touch Laura but was thwarted when Lucky and Roy arrived at her home. Wait to See: Tony prepares to work on Stavros' blood sample.

GUIDING LIGHT

Edmund's new project involved a new business partner. Danny realized he might never escape the mob's "threat." Catalina and Marah learned some unsettling things about each other. Richard and Cassie faced the prospect of parenthood. Wait to See: Cassie and Richard make an important decision.

ONE LIFE TO LIVE

Matthew was taken to the hospital, where Troy told Nora he had ordered special tests for the boy. Later, Keri arrived as Nora prepared for her romantic evening with Sam. Wait to See: Bo makes a discovery about Melanie. Ben overhears Allison make another mysterious call. Todd gets disturbing news about Blair.

PASSIONS

The warlocks trapped Tabitha in the cave and began torturing her as a helpless Timmy watched from behind some rocks, totally oblivious to Norma's menacing presence. Grace told Sam that David was now a permanent part of their lives. Julian breathed a sigh of relief when it was revealed that the doctor had given Theresa the sedative. Luis resisted the idea that it was Sheridan's body that had been taken from the sea. Wait to See: Sam makes a move that could change his life.

PORT CHARLES

Jack's nightmare was filled with images of Livvie going back to Caleb. Later, as Jack, Alison and Rafe investigated the burned out monastery, the floor gave way beneath them. Alison was injured, but Rafe used his powers to heal her. Wait to See: Lucy is uneasy about Kevin.

THE YOUNG AND THE RESTLESS

Victor gave Ashley a comforting kiss when she told him her marriage to Brad may be on the rocks because he rejected the idea of their having a child together. Colleen ran away after Brad said he's not leaving Ashley to reconcile with Traci. Lauren realized Paul doesn't know about Isabella's pregnancy. Sharon had a nightmare in which Matt told her he'd put his mark on her baby. Paul punched Michael when he suggested Isabella could replace Chris. Wait to See: Ryan and Victoria make honeymoon plans.

(c) 2001 King Features Synd., Inc.



EXCEL-ING WITH LEADERSHIP SKILLS

Kim Harkin Staff Writer

The Student Activities and Student Development offices have combined efforts once again to bring Harper students the eXcel Leadership program.

This eight-session program is designed to familiarize students with the qualities possessed by good leaders, and has been servicing students for the past seven years. The first session was on Friday, September 21. Michael Nejman, coordinator of the program, advises, "If a student wants to be successful – success being defined by their own terms – then this is the program for them."

This first session was called "What Makes a Leader?" It featured guest speaker Tracy Knofla. Knofla is a national speaker, and has been working with eXcel for the past five years. In this session, students also had a group discussion defining leadership qualities.

eXcel Leadership is a program only offered at Harper College, and is unique for the length and depth it provides, with no financial cost to the student. Nejman considers it one of the most beneficial programs offered by the college.

To gain the most from the program, attendance at every session is recommend-

ed, but not required. Students can attend as many or as few of the sessions as they can.

Students who complete all eight sessions receive a letter and a certificate acknowledging their accomplishment.
Students who complete four sessions receive a free eXcel t-shirt.

Each session meets for three hours on one Friday each month, four times each fall and spring semester.

EXCEL PROGRAM GOALS

- 1. DEVELOPING LEADERSHIP CONFIDENCE
- 2. ENHANCING LEADERSHIP COMPETENCE
- 3. PROMOTING SELF-AWARENESS
- 4. CULTIVATING A SENSE OF COMMUNITY RESPONSIBILITY

There are seven remaining sessions.

Missed sessions can not be made up, and there is no formal way to collect material covered from a past meeting.

Session attendance averages 100 students, and from 20 to 30 students on average complete the entire program. eXcel

offers students a chance to meet other success-driven students, and it adds to the sense of community on campus.

The next session is Friday, October 19, from 1 pm to 4 pm, in room a238. There has been a change in the original schedule. This session asks, "What Matters Most?"

The original topic for the second session was "Who Am I? A Look Inside."
This topic will now be addressed at the third session.

The sessions offered in the fall semester teach the students how to become leaders. The sessions in the spring will teach the students how to have positive relations with other people.

For the fourth session on Friday, December 7, Patrick Combs will speak. The topic for this session is "Major in Success" and Nejman recommends this is as the most essential of all the sessions.

To attend any session, registration is necessary at least one week prior to the session date. Students can obtain more information or register for any of the eXcel sessions by going to the Student Activities office in the Student and Administration Center, Room A336, or by calling 847-925-6242.

*

(FREE!) MOVIES

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10/02 AND 10/03: THE WEDDING PLANNER

OCTOBER FREIGHTFEST

10/09 AND 10/10: SCREAM (ORIGINAL)

10/16 AND 10/17: THE GIFT

10/23 AND 10/24 WHAT LIES BENEATH

WHCM CAMPUS RADIO

Gwendolyn Lange and Charles Cann Staff Writers

WHCM is the radio station that Harper College has claimed as its own for almost 25 years. It is the hub that manufacturers the sounds that will enhance our lives, and bears the signature of a determined group of creative masterminds.

After considering the diverse student population on campus, the staff responded by taking steps to provide a specialty showcase that offers an option for every taste. Punk, dance, jazz, hard and heavy, all women, comedy, and many more are all a part of the showcase.

The station differs from most radio

broadcasts in that it has a strong female presence, on staff as well as on the air. Colleen Flick, a radio broadcast major and host of "The Treasure Hunt" says, "The gender distribution among the air people is pretty well distributed, which is almost impossible to find anywhere else."

Listeners will benefit from these women as they listen to various programs. Students agree that they [the women] can communicate with people on a different, invisible, more emotional and psychological level than men can. This is one of the many things that makes WHCM so great.

One of the other dazzling features that Harper's station displays is the live remote function. When Harper has a special event scheduled, keep your senses tuned for the rumble of speakers coming from the Quad or A building.

As the only radio experience that students can have at Harper, it is certainly an encounter that is encouraged. As a direct result of WHCM, the listener will be entertained, enlightened, and encouraged.





WHCM staffers Ken Webster and Cherrie Romanchuk

HEALTH AND WELLNESS EVENTS

MONDAY, OCT. 1ST

BEATING THE BLUES:
LIVING WITH AND
OVERCOMING DEPRESSION

CARYN LEVINGTON, PSY.D.,
PSYCHOLOGIST,
HEALTH AND PSYCHOLOGICAL SERVICES

STUDENT AND ADMINISTRATION CENTER, ROOM A242, 1:00 P.M. TO 2:15 P.M.

DEPRESSION IS A VERY COMMON AND TREATABLE CONDITION. THIS PROGRAM WILL ASSIST YOU IN UNDERSTANDING DEPRESSION, HELP YOU DETERMINE WHETHER YOU OR SOMEONE YOU KNOW MIGHT BE DEPRESSED, AND DESCRIBE TREATMENT OPTIONS. A LIST OF NATIONAL DEPRESSION SCREENING SITES WILL ALSO BE PROVIDED.

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WHO'S WHO: SPOTLIGHT ON SAM ROSBY

Nancy Huggins Staff Writer

The Harper College Art department has an unsung hero.

Sam Rosby is the Instructor for Art 291 (Ceramics studio) here at Harper, but for many of us, this may be the first time we've heard his name.

Rosby, who received his Masters
Degree in the Arts from Northern Illinois
University in 1976, has taught the ceramics
class here at Harper for a total of 12 years,
and says that he "enjoys watching students
apprehensions disappear and relationships
grow from interaction with older students."

Students in Rosby's class range from the ages of 18 to 90, and Rosby enjoys "watching students discover their potential in Art."

One of Rosby's students couldn't agree more.

"Sam encourages us to just try, don't worry if it's not perfect. He gives wonderful demonstrations and he really enjoys his students," said Mac Inbody, Art 291 student.

The class is offered for beginners as well as expert ceramicists. Throughout the duration of the course, students will learn everything from making pinch pots to using coil and slab methods and even using the pottery wheel. All students are taken on a tour of the facility to learn about all of the aspects of working with clay.

One of the most talked about portions of Rosbys class is Raku firing. In Raku firings, long tongs are used to remove clay pieces from a large, oven like kiln. Students place their piece in a container with leaves, straw or any other combustible material in a pot, and put a lid on it to leave an impression on their work.

The Ceramics studio does have a pre-

requisite, but according to Rosby, there are exceptions.

"While there is a prerequisite for this class that is enforced for Art major students, it is waived for non art majors, allowing them to experience ceramic art," Rosby said.

Rosby helped to design the ceramics studio here at Harper, which settled into it's home in building L eight years ago.

Rosby believes that "Harper College

has the finest ceramic facilities in the state." Rosby also has his own working studio in his apartment in Chicago, where he works when he's not at Harper. Like many of us, Rosby's greatest wish is "peace in the world".

Visit Sam Rosby in his Art class, building L, room 126 to see the many pieces of ceramic art, made by his students, which are always on display.





OTO BY KIEL CROSS

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Bone Builders: Preventing And Treating Osteoporosis

(NAPS)—Until recently, a curved spine or "dowager's hump" was thought to be an inevitable part of aging.

More often than not, the dowager's hump was probably caused by a bone-thinning disease known as osteoporosis, a disease which afflicts half of all women who reach the age of 65.

By weakening the skeleton, this disease frequently causes the bone in the spine to collapse or makes bones so fragile, that the simplest things can cause them to break.

It took scientists a long time to determine that this deterioration was not just a natural consequence of age or immobility.

The first clue came when in 1934, researchers at Yale University discovered that injecting estrogen into male pigeons could increase their bone mass to levels found in female birds.

It was then discovered that the sharp reduction of estrogen at menopause causes bone loss and that regular injections of estrogen boosted the amount of calcium retained in the bone.

Estrogen therapy can however, only prevent bone loss. It cannot replace bone, so for maximum efficiency it must start before serious bone loss occurs.

Osteoporosis is called a silent disease. By the time it causes symptoms, it has already damaged the skeleton.

Fortunately detection of bone damage became easier in the 1960s, when researchers developed more sensitive devices to determine bone density.

Also used to treat postmenopausal osteoporosis are raloxifene, which provides an alternative for women who cannot take estrogen; calcium; and parathyroid hormones, (pending FDA approval) which boosts the supply of calcium in the bones.

Vitamin D is thought to boost calcium levels in the bone by fostering the ability of the intestines to absorb it from the diet.

New research in bone biology has discovered that the cells of the immune system secrete a variety of substances known as cytokines that influence cellular development and may be a factor in bone development and break down.

The full text of a report on the history of osteoporosis research may be found at the Federation of American Society for Experimental Biology at www.FASEB.org.



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HAWKS SPORTS HAWKS FOOTBALL WILD COMEBACK RALLY FALLS SHORT

Joe Lacdan Sports Editor

Harper's football team nearly finished its matchup with Joliet on Sept. 22 as well as it began it.

Unfortunately, the quarters in between cost the Hawks, as they suffered their first loss this fall in a 48-45 thriller.

After struggling offensively in a 7-0 Week Two win over DuPage, the Hawks (2-1, 2-1 N4C) looked to move the ball against Joliet and did just that in the first period, stampeding to a 17-0 lead. Then Harper collapsed.

The Hawks seemed to struggle at both sides of the ball, as the Wolves went to the air assault, mounting 41 points in the second and third quarters, and held a 41-17 lead at the start of the fourth quarter. Confusion with assignments allowed Wolves' quarterback Kevin Boyd to pick apart the Harper secondary. Boyd hit 24-of-31 passes for 224 yards, threw three touchdowns and ran for one. The Hawk offense stalled, struggling to run the ball and went scoreless in the second and third quarters.

"We played well to begin the game. In fact we dominated the first quarter," Hawks coach John Eliasik said. "The second and third quarters were very poor – probably our poorest of the season, offensively and defensively."

The Hawks also suffered from something they hadn't in their first two games this fall. Harper turned the ball over four times – three interceptions and one fumble.

But Eliasik had another weapon up his sleeve. The Hawks looked to the trigger arm of sophomore quarterback Wally Stoklosa to fuel a comeback. Stoklosa completed 29-of-45 passes for 283 yards and four touchdowns. Sophomore split end Cliff Pawlak snatched 10 of those passes for 107 yards and also caught two TD passes in the fourth quarter.

Stoklosa engineered three successful scoring drives in the final quarter. His 32-yard bomb to Shannon pulled the Hawks within 48-45 with 1:01 on the clock. But a failed onside kick dimmed any last second hopes for a Hawk victory.

"We did put the charge on them in the fourth quarter," Eliasik said. "And we did a good job of trying to catch up. We just have to improve on fundamentals and assignments. Some guys lost focus of their assignments. We learned a lot from the game and hopefully we will use it as a learning experience next week."

Still, Eliasik saw some positive signs. Adding up the first and final quarters, the Hawks outscored the Wolves 39-7. The second and third quarters the Wolves pounded Harper 41-0.

"We came back when it looked like there was no hope," Eliasik said. "That was something to hang our hat on."

Shannon finished with 63 rushing yards on 18 carries and also caught four passes for 71 yards. Harper, which was scheduled to travel to Grand Rapids last Saturday, totaled 324 yards of total offense.



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Hawks quarterback Wally Stoklosa seeks his receiver during the game on 09/22/01



Hawks football players, including #84 Jennings, celebrate while Joliet looks on

OCTOBER 2001 HAWKS SPORTS

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	Men's Cr	oss Co	untry		
	Oct. 5	Fri.	4:15pm	(5M) Illinois Benedictine Invite .	Lisle
	Oct. 12	Fri.	4:30pm	(8K) Milliken University Invite .	
	Oct. 20	Sat.	11:45am	(8K) Lake Forest College Invite	
	001.20	Dut		(ort) Line Porest Conege mine	
	Women's	Cross			
	Oct. 5	Fri.	3:30pm	(5K) Illinois Benedictine Invite .	Lisle
	Oct. 12	Fri.	4:00pm	(5K) Milliken University Invite .	Decatur
	Oct. 20	Sat.	11:00am	(5K) Lake Forest College Invite .	Lake Forest
	D- d-II				
	Football		1.00	0.00	CI PII
	Oct. 6	Sat.	1:00pm	College of DuPage	
	Oct. 13	Sat.	1:00pm	Waldorf	
	Oct. 20	Sat.	1:00pm	Rock Valley	
	Oct. 27	Sat.	1:00pm	Grand Rapids	Grand Rapids
	Golf			45个国际现在上下"	
	Oct. 1	Mon.	1:00pm	Skyway N4C Challenge	Wiener Creek
	Oct. 5-6	Fri./Sa			
Oct. 5-6 Fil./Sat.				Region IV Tournament	byron
	Men's So	ccer			
	Oct. 2	Tues.	4:00pm	Kishwaukee	Malta
	Oct. 6	Sat.	12:00pm	Oakton	HOME
	Oct. 10	Wed.	3:30pm	COD	HOME
	Oct. 13	Sat.	1:00pm	Parkland	HOME
	Oct. 16	Tues.	3:00pm	Kennedy King	
	Oct. 17	Wed.	3:30pm	Lake County	
	Oct. 21	Sun.	1:00pm	Elgin	
	Women's			Marie Control of the	
	Oct. 4	Thur.	3:00pm	College of DuPage	
	Oct. 6	Sat.	1:00pm	Lake County	
	Oct. 9	Tues.	4:00pm	Prairie State	
	Oct. 13	Sat.	11:00pm	South Suburban	
	Oct. 16	Tues.	TBA	Waubonsee	Sugar Grove
	Valleybal	1			
	Volleybal		6:00mm	Callege of DuPage	HOME
	Oct. 2	Tue. Thur.	6:00pm 6:00pm	College of DuPage	
	Oct. 4			Rock Valley	
	Oct. 9	Tue.	6:00pm	Olive Harvey	
	Oct. 18	Thu.	6:00pm	Joliet	. Jonet
	Oct. 20	Sat.	10a-5p	N4C Conference Tournament	
	Oct. 23	Tue.	6:00pm	Oakton	
	Oct. 30	Tue.	6:00pm	First Round Playoffs	IBA

HAWKS SPORTS SOCCER DEVELOPS INTO OFFENSIVE POWERHOUSE

Joe Lacdan Sports Editor

Look out Mia Hamm and Brandi Chastain. Harper College has its own potential championship soccer team.

Once the Hawks feared not having enough players to play a game.

Now opponents fear Harper's offensive firepower. Once a region doormat, the Hawk women's soccer team has gone undefeated in eight games through Sept. 25, own one of the top offenses and defenses in the country, and boast the nation's leading goal-scorer. Last week the Hawks outscored their three opponents 35-0: 5-0 vs. Moraine Valley, 10-0 vs. Wabonsee Valley and a 10-0 pounding of Indiana Tech.

"We're rocking," second-year coach Dwayne Cruz said. "I'm so excited now." "Coming in this summer I knew the talent we were getting and I knew we would be good. I told them last summer, by far this team is better ... but I didn't want them to get big heads."

Only two seasons ago, the program didn't have much to be excited about. Cruzinherited a team from former coach Gabbie Giuliano that went 0-17-0 in 1999. Since forming in 1997, mostly inexperienced players lacking skill comprised the team in its first three years, and numbers often fell below the required 11. Cruz believes Harper's lack of success scared away students with soccer experience. Before Giuliano, former coach Sam Garcia tried coaching Harper's men's and women's teams simultaneously, which many women's players didn't favor.

"No one has really been successful with the women's program," Cruz said. "And because of that, it kills you."

Cruz a native of California who also runs the Chicago-based United FC soccer club, had the credentials and networking skills needed to bring life to Harper's program. The coach arrived at Harper with a plan to establish Harper as a winning program and to draw as much interest as possible

But even the most crafty of plans needs a spark.

That spark came in the form of Nebraska native Kristina Bratt. Bratt, who focused on defense and passing prior to arriving at Harper, seems to have found her niche at forward. After shattering all school records in scoring 27 goals as a freshman last fall, Bratt leads the nation's junior colleges in scoring with 18 goals and five assists in just seven games. Bratt tied her national record of 8 goals in one game in the Indiana Tech win.



Lindsey Krolak unleases a corner kick

"Her drive to go to the goal is so phenomenal," Cruz said. "If you get her the ball, she's going to score."

The rebuilding process started last fall. After a rocky start, the Hawks came to life towards the end of the season, stunning perennial power DuPage, and finishing with a 9-10-1 record. This season, the Hawks returned the key players and loaded the roster with more talent.

"It's a lot easier coming out with people who know game," Bratt said. "Everyone has the mentality to win and do their best."

Cruz landed some promising recruits in Barrington High School products in Lindsey Krolak and Sophia Flesor. Both midfielders have contributed significantly to the squad this season. At the center-midfield position, Krolak can drop back and defend—while still being able to score,—and she netted five goals and five assists.

"That's why she's such a threat to teams," Cruz said. "They don't know the reason we put her back there is to make her a threat. It's a great opportunity for us because we didn't have that last year. It's added impact."

Flesor's hard-work ethic and positive attitude have rubbed off on the rest of the team. Players show more intensity at games and practices, and strive harder to work as a unit

"This year's group of women have

brought in a better attitude and certainly the most talent we've ever had on one team," Assistant Athletic Director Sue Overland said.

Krolak and Flesor, along with freshman forward Jessica Reczek's abilities have provided an x-factor for the Hawks (8-0-0 overall, 3-0-0 Region IV) when opponents mark Bratt. Reczek brought life to the Hawks, trailing Elgin 2-0 on Sept. 25. The freshman booted in a shot from the left side of the box to cut ECC's lead in half, helping Harper rally to win 5-3.

Cruz's recipe for success? A good offense providing the best defense. With Bratt and Co. controlling the ball at the opponent end of the field, has helped the work of first time goalkeepers Rene Tarosky and Jessica Kaplin, who have combined to allow

VAN BUREN

just one goal.

The Hawks realize their potential, but want to keep level heads to achieve some lofty goals: Beat rival DuPage. Win the Region IV Tournament. Qualify for nationals.

"I think we have the mentality to go all the way," Bratt said. "I think as long as we stay focused and don't get cocky and get all positive, I think we have opportunity to go very far this year,"

The success of the team has turned heads at a school which traditionally boasts strong football and wrestling teams; the Hawks now have a strong squad in women's soccer.

Perhaps the Hawks can bring some excitement to Harper like Hamm and Chastain did for USA Soccer.

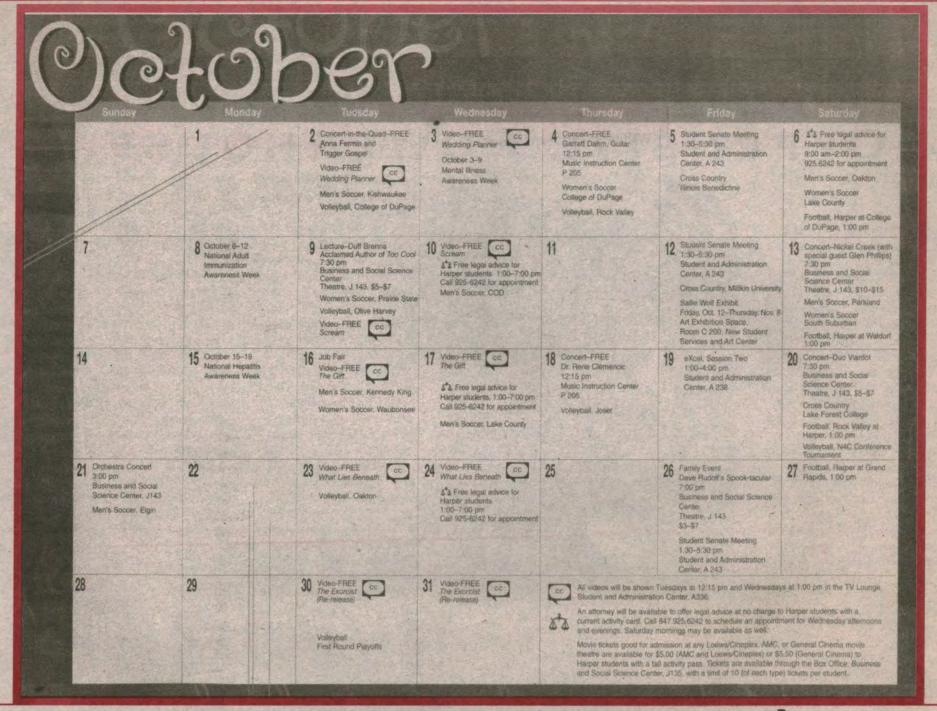
Hawk men edge Triton: Harper's Bert Garcia scored the lone goal as the Hawks held off Triton College 1-0 on Sept. 8, upping their season mark to 3-4-0.





Kristina Bratt has developed into a goal-scoring force for this Hawks team

PHOTO BY JEFF VAN BUREN



ACROSS

- Deck quartet
- Pouch
- South Seas island
- 12 Crazy
- 13 Altar affirmative
- Word often following "once" 14
- 15 Pedestal occupant
- 16 Petula Clark hit
- "Thy Neigh-bor's Wife" author 18
- 20 Landlord's paperwork
- Retail establishment 21 Niagara Falls prov. 23
- 24 Torrential rain
- 28 Uncompli-cated
- 31 Sister of Zsa Zsa
- Cole Porter subject 32
- Tiger Woods' prop 34
- 35 Soothing application
- 37 Pessimistic 39
- Angeles 41
- Test the waters
- 42 Teem
- 45 Mouse, e.g.
- Transfer software 49
- 51 Vivacity
- 52 Help a hood
- 53 Single
- 54 Golden Rule word
- 55 Fishing gear
- 56 Central
- Target

DOWN

- Got down
- Last few notes
- Green-peace concern (Abbr.)
- Grave
- Detour, perhaps
- Big fuss
- Monk's hood
- Gas used as fuel
- Religion renouncer 10 Actor Rob
- B&Bs 11
- Ultra-modernist 17 19 Warren of football
- 22 "Presumed Innocent" author
- 24 Society newcomer
- 25 Future aves
- 26 Luxuriated (in)
- 27 Recom-pensed
- Vast expanse
- 30 Still
- Within (Pref.) 33
- 36 Ascends
- 38 Nocturnal insect
- 40 Lorne Michaels' show, for short
- 42 Hebrew month
- 43 Newsom of baseball
- 44 Adverse destiny
- 46 Cubesmith Rubik
- 47 Actress Naldi
- 48 Implement
- 50 Blackbird17

King Crossword Answers on page 4

