

CAREER PROGRAMS

Dietetic Technician

Associate in Applied Science Degree

This 63 credit-hour program, with its major emphasis on nutritional care, prepares a student for employment in a hospital, long term care facility, the food industry or in community feeding programs in consultation with registered dietitians. Activities the technician performs include nutritional assessment, planning menus, implementing and evaluating diets and dietary counseling.

The Dietetic Technician program is accredited by the Commission on Accreditation/Approval for Dietetics Education of the American Dietetic Association, a specialized accrediting body recognized by the Commission on Recognition of Post Secondary Accreditation and the United States Department of Education. Graduates of the program are eligible to take the registration examination for Dietetic Technicians.

The Dietetic Technician program is traditionally offered as a full-time, two-year program but individualized part-time programs can be developed. Not all courses are offered every semester. To help avoid scheduling conflicts an orientation and planning session with the coordinator is recommended.

FIRST YEAR

First Semester

BIO	135	Introductory to Human Anatomy and Physiology ¹	4
DIT	100	Introduction to Dietetics ²	2
DIT	101	Basic Nutrition	3
FSM	114	Food Standards and Sanitation.....	2
HSC	112	Medical Terminology	3
		Mathematics elective ³	3
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Second Semester

BIO	136	Introduction to Human Disease ¹	3
DIT	102	Advanced Nutrition	3
DIT	150	Dietetic Clinical Laboratory I ⁴	3
ENG	101	Composition	3
PSY	101	Introduction to Psychology.....	3
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SECOND YEAR

First Semester

DIT	110	Principles of Food Preparation	3
DIT	200	Dietetic Clinical Laboratory II ⁴	5
DIT	201	Nutritional Services in Institutions	3
FSM	212	Hospitality Supervision or	
MGT	160	Principles of Supervision	3
SOC	101	Introduction to Sociology	3
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Second Semester

DIT	202	Nutrition Care Seminar	2
DIT	203	Dietetic Technician Seminar	1
DIT	220	Food Systems Administration	3
DIT	250	Dietetic Clinical Laboratory III ⁴	5
SPE	101	Fundamentals of Speech Communication.....	3
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- ¹ BIO 135 and BIO 136 are recommended for the first year of the program to avoid scheduling conflicts.
- ² DIT 100 must be taken fall semester, prior to taking DIT 150 offered only in spring.
- ³ A competency test, available in the Assessment and Testing Center, may be utilized to meet the mathematics requirement. Students who utilize the competency test to meet the mathematics requirement must complete a three credit-hour elective.
- ⁴ A baccalaureate graduate with a degree in nutrition/dietetics meeting American Dietetic Association guidelines after completing the clinical laboratory courses DIT 150, DIT 200 and DIT 250 will then be eligible to take the registration examination for Dietetic Technicians.